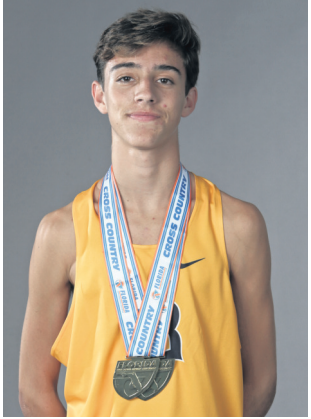


ALL-DADE CROSS-COUNTRY AND BOWLING

CROSS-COUNTRY BOYS



GIANCARLO BENITEZ
Belen Jesuit



TOMMY CARDENAS
Mater Academy



LUCAS DE LA HOZ
Belen Jesuit



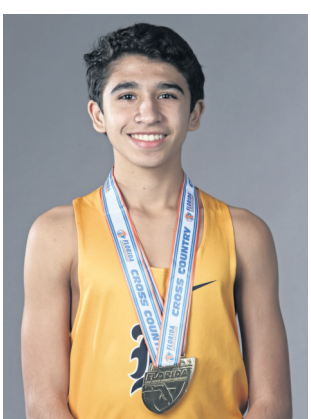
DIEGO GOMEZ
Belen Jesuit



ADAM MAGOULAS
Belen Jesuit



SEBASTIAN ROA
Belen Jesuit



JAVIER VENTO
Belen Jesuit

GIRLS



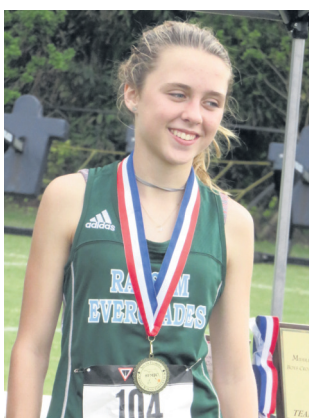
REBECCA BERGNES
G Holmes Braddock



VALERIE LASTRA
Mater Academy



LAUREN MCGAFFIC
Miami Country Day



MADISON MUNROE
Ransom Everglades



ANA RODRIGUEZ
Ferguson



JORDAN SHAPIRO
Palmetto



NATALIE VARELA
Gulliver

BOYS CROSS COUNTRY FIRST TEAM

RUNNER, SCHOOL	YR.	AT STATE
Giancarlo Benitez, Belen	Sr.	16:29.55
Note: 19th at state (3A), seventh at regionals, sixth at districts		
Tommy Cardenas, Mater Academy	Sr.	16:49.23
Note: 42nd at state (3A), regional runner-up, third at districts		
Lucas de la Hoz, Belen	Sr.	16:14.59
Note: 10th at state (3A), fifth at regional, eighth at districts		
Diego Gomez, Belen	So.	16:16.96
Note: 11th at state (3A), ninth at regional, fourth at districts		
Adam Magoulas, Belen	Fr.	15:41.91
Note: State runner-up (3A), regional, district champion		
Sebastian Roa, Belen	Sr.	16:24.61
Note: 17th at state (3A), sixth at regionals, fifth at districts		
Javier Vento, Belen	So.	15:39.88
Note: State champion (3A), third regionals, district runner-up		

SECOND TEAM

Cesar Aguzzi, Belen, Sr.; Malcolm Brown, Columbus, So.; Alec Collado, Coral Park, Sr.; Lance Grainger, TERRA, Jr.; Kevin Kerjean, Columbus, So.; Andoni Mercado, Sunset, Jr.; Deiondre Williams, Homestead, Sr.

THIRD TEAM

David Amat, Coral Park, So.; Alvaro Canarte, Columbus, So.; James Cusack, Ransom Everglades, Sr.; Alejandro Morillo, Ferguson, So.; Joenathan Stallings, Braddock, Fr.; George Stark, Palmer Trinity, Fr.; Colin Wilson, Coral Gables, Jr.

HONORABLE MENTION

Belen: Sebastian Castillo, Christian Fernandez, Michael Sanchez; **Braddock:** Pedro Garcia-Romo; **Columbus:** Anthony Bergnes, Donato Scarcello, Jonathan Villalobos; **Coral Gables:** Etienne Mombigny, Jordan Morejon-Castelli; **Coral Park:** Lucas Batista, Orlando Carvajal, Gabriel Quiroz; **Coral Reef:** William Garcia, Damuri Little; **Doral:** Jonathan Pineda; **Ferguson:** Alejandro Morillo, Yader Portocarrero, Anthony Rios; **Gulliver Prep:** Gabriel Bendix, Gabriel De Brito; **Miami Country Day:** Crusius Givens, Carter McGaffic; **Miami Springs:** Marcos Martinez; **Palmer Trinity:** Reilly May; **Ransom Everglades:** Jonathan Akar, Tomas Esber, Alasdair MacEachern, Alexandre Dray; **Sagemont:** Aaron Cantu, Alfredo Sanchez; **SLAM:** Javier Sanchez; **Southridge:** Keegan Simms; **Sunset:** Luke Rivera; **TERRA:** Christian Ivonnet.

GIRLS CROSS COUNTRY FIRST TEAM

RUNNER, SCHOOL	YR.	AT STATE
Rebecca Bergnes, Braddock	Jr.	19:19.60
Note: 25th at state (4A), regional runner-up, district champion		
Valerie Lastra, Mater Academy	Jr.	17:17.58
Note: State champion (3A), regional, district champion		
Lauren McGaffic, Miami Country Day	8th	19:44.14
Note: 13th at state (1A), third at regionals, district champion		
Madison Munroe, Ransom Everglades	Fr.	19:33.06
Note: 30th at state (2A), 11th at regionals, fourth at districts		
Ana Rodriguez, Ferguson	So.	19:35.73
Note: 31st at state (4A), third at regionals, third at districts		
Jordan Shapiro, Palmetto	Jr.	18:18.58
Note: Third at state (4A), regional champion		
Natalie Varela, Gulliver Prep	Jr.	19:06.01
Note: 17th at state (2A), fourth at regionals, district champion		

SECOND TEAM

Lisa Adjouadi, Braddock, Jr.; Rahyah Andressohn, South Dade, Jr.; Delliah Ayan, TERRA, Sr.; Paola Bencosme, Braddock, So.; Jordan Ford, Braddock, So.; Noemi Kerjean, St. Brendan; Isabella Timiraos, Lourdes, Jr.

THIRD TEAM

Isabelle Areces, Lourdes, Sr.; Alana Maria Batista, Lourdes, Jr.; Nina Burgos, Northwestern, Sr.; Rachel Hodes, Miami Country Day, Fr.; Claire Kennedy, Westminster Christian, So.; Abigail Rashid, Florida Christian, Fr.; Nina Starvaggi, Gulliver Prep, Fr.

HONORABLE MENTION

Braddock: Lina Adjouadi, Havana Perez, Emilie Suarez, Maria Sanchez, Lia Rosado; **Carrollton:** Francesca Suarez, Victoria Trap; **Coral Gables:** Violeta Alonso; **Coral Park:** Penelope Sosa; **Coral Reef:** Kalya Gibbs, Krystal Rodriguez; **Divine Savior:** Katherine Kaufmann, Hannan Olave; **Ferguson:** Bianca Banato, Vanisha Villafane; **Gulliver Prep:** Anne Bannon, Olivia Torres, Kyra Gardner; **Lourdes:** Johanna Diez, Kelsey Perdomo, Isabela Fernandez, Alexa Mascaro, Ashley Williams; **Mater Academy:** Jinah Mickens-Malik; **Miami Country Day:** Brooke Nieder; **Miami Springs:** Aneth Castaneda; **Northwestern:** Lenai Hunter, Asia Bell, Xhamani Thompson; **Palmer Trinity:** Julia Irvin; **Ransom Everglades:** Claire Irigoyen, Brooke Scott; **Reagan:** Daniela Raimo; **Carla Garcia Sagemont:** Osiana Crespo; **St. Brendan:** Keyli Gomez, Almudena Mondelo, Kaitlyn Micali, Gilian Stabenau, Nicole Martinez; **Varela:** Cayla Moore; **Westminster Christian:** Isabella Galbis, Lia Sofia Ganley

Credits: The 2018 All-Dade cross country teams were compiled by Miami Herald Sports-writer Jordan McPherson based primarily on postseason results. Photos by David Santiago.

BOYS BOWLING FIRST TEAM

BOWLER, SCHOOL	YR.
Kenie Almodovar, Reagan	Jr.
Note: T-49th at state qualifying, helped Reagan to team district title	
Nelson Mariscal, Ferguson	Jr.
Note: Tied for top county finish at state, 189 season average	
Kevin Monjarrez, Coral Gables	Jr.
Note: T-49th at state qualifying, 181.4 average in state series	
Christopher Pena, Reagan	Sr.
Note: 56th state qualifying helped Reagan to district title	
Connor Pipho, Palmetto	So.
Note: 201 season average (second in Dade)	
Ryan Toffoli, TERRA	So.
Note: 206 season average (highest in Dade)	
Zachary Winer, Krop	Sr.
Note: Tied for top county finish at state (T-24th), 194 average in state series	

SECOND TEAM

Arturo Diaz-Dube, Coral Gables; Tyler Keller, Hialeah Educational Academy; Alec Osorio, TERRA; Gabriel Perez, Ferguson; Casey Prett, TERRA; Jared Weingard, Krop

HONORABLE MENTION

Braddock: Andrew Suriano; **Cutler Bay:** Chris Farfan; **Hialeah Educational:** Marlon Puig; **Killian:** Cristian Pozo, Joshua Vargas; **Krop:** Michael Kopel, Jared Weingard; **Mourning:** Sloan Festge, Mateo Latorraca; **Palmetto:** Koby Rouviere, Eric Lujan.

GIRLS BOWLING FIRST TEAM

BOWLER, SCHOOL	YR.
Briana Bogues, Cutler Bay	Jr.
Note: 158 average in state series	
Victory Coleman, American	Fr.
Note: 148.8 average at state qualifying, district champion	
Alexa Hernandez, Braddock	So.
Note: 197 season average (highest in Dade), 22nd at state	
Katrina Hernandez, Braddock	Sr.
Note: 196 season average, ninth at state	
Kirra Magana, Krop	Jr.
Note: 134.5 average at state, top state finisher on district champion team	
Megan Morales, Ferguson	Jr.
Note: Individual qualifier for state, 152 season average, anchor of Youth Fair and GMAC championship teams	
Astrid Trasobares, TERRA	Sr.
Note: 134 season average (sixth highest in Dade)	

SECOND TEAM

Gabriella Avila, Southwest; Jessica Bermin, Gulliver; Veronica Kania, Mourning; Marissa Manley, Krop; Megan Morales, Southwest; Gabriela Pardo, Krop; Kaylee Rodriguez, Gulliver

HONORABLE MENTION

Braddock: Melanie Alfonso, Janessa Sierra; **Ferguson:** Alenays Lopez; Adriana Findeisen; **Krop:** Sophia Palmeiro; **Mourning:** Kayla Mitchell; Jessica Becker; **Palmetto:** Virginia Sensale; Colleen Ryan; **TERRA:** Amanda Gonzalez; Alexa Puett

Credits: The 2018 All-Dade bowling team was compiled by Miami Herald Sports-writer Jordan McPherson based on postseason results and season averages.

BOWLING BOYS



KENIE ALMODOVAR
Reagan



NELSON MARISCAL
Ferguson



KEVIN MONJARREZ
Coral Gables



CHRIS PENA
Reagan



RYAN TOFFOLI
TERRA



CONNOR PIPHO
Palmetto



ZACHARY WINER
Krop

GIRLS



BRIANNA BOGUES
Cutler Bay



VICTORY COLEMAN
American



ALEXA HERNANDEZ
Braddock



KATRINA HERNANDEZ
Braddock



KIRRA MAGANA
Krop



MEGAN MORALES
Ferguson



ASTRID TRASOBARES
Terra